Psalm 16:7 (NLT2)

I will bless the LORD who guides me; even at night my heart instructs me.

Here is something to think about over the weekend.

If we can't pray for God to bless it, then should we be doing it?

We make decisions every day on things to do or not to do. And usually we base those decisions on our feelings. Like, I feel like tacos for lunch today instead of a hamburger. Which is totally fine, because God has given us the ability to like and not like things. He created us all different so you may want a hamburger for lunch, and I may want tacos. Neither one is wrong, it's just our individual likes and dislikes.

But then there are things that we still base upon our likes or dislikes, when if we really think about it, we need to be honest and ask ourselves the statement I made "If I can't pray for God to bless it, then should I be doing it?"

Would we pray, "God bless me as I go to the movies and watch this great movie that got high ratings, that everyone is talking about, even though it's full of profanity, sex, nudity, rape and murder."

Can those who are single truly pray. "God bless my relationship with this person, who I am living with and sleeping with outside of marriage."

What about, "God, bless my ministry as I depend on others and their money to help support me and I use worldly things to get others to be a part of it."

What about, "Lord, bless me as I sleep in on Sunday and watch church online because I just don't feel like going to church."

For some, sad to say, may even have your prayer as "Lord, bless me as I leave my spouse for someone else and bless this new relationship I am having with new person."

What about, "Lord, bless me as I go on my computer, tablet or phone and look go to those websites."

Some may even think, "Lord, bless me as I write down on my timecard that I took a 30-minute lunch, when I really took an hour."

There are many, many more that we could come up with, and you may have even thought of some yourself. But look at today's verse again from the Psalms.

*I will bless the LORD who guides me; even at night my heart instructs me."

When we read it, it sounds like a lovely Psalm and thought. But is that what it really is to us, just a nice thought, or are we really wanting and seeking for "the LORD who guides me" to be in control of every aspect of our lives? If we can't pray God's blessing upon it, are we truly walking as the Lord guides us, or are we walking after things of the flesh, and not of God?

Romans 8:5 For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit.

Once again, something to think about as we go about our day each day and over the weekend. With the plans that we have or the things that we want to do, can we truly pray, "Lord, bless me as I." If we can't, then should we really be doing it?

- Proverbs 16:9 A man's heart plans his way, But the LORD directs his steps.
- Proverbs 20:7 (NLT2) The godly walk with integrity; blessed are their children who follow them.
- Psalm 37:23 The steps of a good man are ordered by the LORD, And He delights in his way.